



December 2011

LIFE/RUN Hours of Operation
Monday through Thursday
7:30 a.m. to 6:00 p.m.

Web: www.liferun.org

facebook.com/liferunlubbock 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
We provide Citibus Transportation for programs attended at the Center.				1 Reading Group With David 1:30 - 3:00 World Aids Day	2	3
4	5 TOPS Meeting 5:00	6 Cookie Baking 10:00 - 12:00 Craft Class Ornaments 1:30 - 3:30	7 Medicare Part D enrollment ends Wii Exercise Class 10:30 -11:30 ASL 1:30 - 1:30 Computer Class 2:30 - 4:00	8 Peer Support Help Yourself by Helping Others! 10:30 - 11:30	9	10 Traumatic Brain Injury Support @ LIFE/RUN 10:00 a.m.-1:00 p.m.
11 Imagine Enterprises will not be at LIFE/RUN in December.	12 TOPS Meeting 5:00	13 STAR+PLUS Presentation for SSI/CBA Participants 1:30 -3:00	14 Exercise Class 10:30 - 11:30 ASL 1:30 - 2:30 Computer Class 2:30 - 4:00	15 Cooking Class Diabetic Dessert 10:30 - 12:00 Reading Group With David	The West Texas Native American Association meets the 2nd Saturday of the month at 6:30. Call Darlene for more information @ 795-5433, ext. 106	
18	19 Rolling Queens Support Group 2:30 - 4:00 TOPS Meeting 5:00	20 Consumer Christmas Party 1:30-3:30 Bring a \$5 gift, get a gift. DARS Counselors @ LIFE/RUN 2:00 - 4:00	21 Wii Exercise Class 10:30 -11:30 ASL 1:30 - 1:30 Computer Class 2:30 - 4:00	22 Center closes at noon for the Christmas Holidays First Day of Winter	23 Closed for Holiday	24
25 <i>Merry Christmas!</i>	26 Closed for Holiday	27 Closed for Holiday	28 Closed for Holiday	29 Closed for Holiday	30 Closed for Holiday	31 <i>New Year's Eve</i>