

# ***LIFE Connections***

September 2007 - November 2007

**Lifetime Independence for Everyone, Inc.**



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- TBIs resulting from Iraq War
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## **IT'S OUR ANNIVERSARY!**

In January 2008, the Center will be celebrating its 20<sup>th</sup> anniversary. Lifetime Independence for Everyone, Inc. (LIFE/RUN) was incorporated in 1988 to provide services to persons with disabilities by engaging in activities designed to promote independent living. LIFE/RUN has grown from a small organization providing only the four core services of Peer Support, Independent Living Skills Training, Advocacy, and Information & Referral. Over the years, however, the Center has grown from serving a limited number of people with disabilities, to a broad-based community organization that provides a wide range of services to individuals with disabilities, their families, and local community. LIFE/RUN has routinely made an effort to identify needs in the community and address those needs by taking advantage of the various funding opportunities that has allowed the Center to enhance its program through the provision of additional services, such as interpreting services for people who are deaf or hard of hearing, energy assistance, housing, nursing home relocation, and new clothing distribution.

Like many grassroots organizations, LIFE/RUN has experienced its fair share of trials and tribulations. From a near dissolution in 2000 to the loss of its Sister Center in Amarillo in 2002, LIFE/RUN has managed to rise from the clutches of defeat, only to become more determined in achieving future successes. With the on-going support of the LIFE/RUN Staff, Consumers and Community, the Center will continue to thrive, making the full inclusion of Texans with disabilities into society a reality.

In commemoration of this milestone, LIFE/RUN will be hosting its Blue & White Ball on July 25, 2008. If you are interested in participating on the Banquet Committee, you may contact Sheryl Young at 795-5433. We have a lot to celebrate, so pull out your finest attire and prepare for a night you won't forget!



## TBI Called Signature Disability of the Iraq War

Studies have indicated that one of the most profound effects of the war in Iraq may be the dramatic increase in the number of soldiers coming home with Traumatic Brain Injuries, (TBI), many undiagnosed.

John Hopkins University Research scientists have conducted research to determine if the roadside blasts that so many U.S. Soldiers experience, can cause damage to the brain at the cellular level, without leaving outward signs of injury. What was discovered was that even when there are no outward signs of injury from the blast, cells deep within the brain can be altered, their metabolism changed, causing them to die, This can then result in memory loss, apathy, vertigo, anxiety and headaches.

Because many, who experienced a blast effect from a roadside bomb, show no injury, they may return to duty and experience another or multiple other blasts, thereby exacerbating damage. Military personnel in Iraq and Afghanistan have reported experiencing between 6 to 25 roadside blasts during their tours of duty.

This coincides with a marked increase in the number of Post Traumatic Stress Disorder (PTSD) cases. It is estimated that hundreds of thousands of returning troops may be diagnosed with PTSD.

In July, 2007, the Senate voted unanimously to add the "Dignified Treatment of Wounded Warriors Act" through the National Defense Authorization Act for Fiscal Year 2008. The proposed legislation should help ensure that service members have access to facilities outside the VA, when necessary to meet the goals of individualized TBI rehabilitation and community reintegration plans.

## Hub City Access



"Hub City Access" is a new non-profit formed by advocates, health care providers and citizens to lead the way in making Lubbock,

Texas more accessible to ALL of its citizens.

The Mission of Hub City Access is:

*To promote accessibility to community resources for people with disabilities by unifying efforts to strengthen individual independence and social awareness.*

Dr. Roger Wolcott spearheaded this new initiative to join forces with other agencies and providers to make the City of Lubbock accessible to all residents. The first fundraising event was held on October 20<sup>th</sup> at the Buddy Holly Center. Music was provided by David Brandon and catering, by Cagle's Steaks. It was a fantastic event that showed the commitment of this community to work towards accessibility for all Lubbock residents. Look for additional information regarding upcoming events to continue to bring awareness and change for this important cause.

For more information about Hub City Access or to volunteer, please contact:

Blake A. Rieber  
(806) 928-0200



**Don't forget Medicare Part D Prescription Plan. "Open Enrollment" is from November 15<sup>th</sup> thru December 31<sup>st</sup>. Check to ensure that your plan is meeting your needs. Please contact your local CIL Advocacy Specialist for assistance.**

## **Relocation!?! What's that?**

"Get me out of this place!", "I'm tired of being treated like a baby!", "I just want to go home!"

As a Relocation Specialist, I hear people saying these things quite often. Relocating Consumers from facilities can be equally frustrating, as it is rewarding. The frustrations come from many different situations, but they primarily come from Consumers not being used to taking responsibility for their own needs and actions. The rewards are great and make this job worth the efforts. My approach to relocation can be summed up in one movie quote from Jerry McGuire, "Help me help you!" I believe that each person has it in themselves to be a successful member of the community in which they live. Empowering Consumers to have the ability to live on their own, advocate for themselves, and make good decisions regarding their future are just a few of the benefits of working as a Relocation Specialist.

The process of relocating a Consumer into the community from a Nursing Facility involves many steps but can be summed up in the following: Initial Assessment, Qualification, Final Assessment, and Relocation. The Initial Assessment is where we get to know you and understand your needs before relocation. Qualifying for relocation requires that you are eligible for a Medicaid based program such as CBA or CLASS. This qualification process involves DADS (Department of Aging and Disability Services) and a Home Health agency chosen by you. Once qualified, we can get your final assessment completed to determine your specific needs prior to relocation. During the final relocation, we confirm all of your services, medical

necessities, and living needs are in place as you settle into your new home.

The first month after relocation is a very critical period for the newly relocated Consumer. During that time, the Consumer must acclimate to their new environment, become self-reliant and avoid some old habits that could affect their health. LIFE/RUN sends out a packet of emergency resource information to each Consumer immediately after relocation. Follow-up is provided to the Consumer for at least 90 days after relocation to try to address any issues the Consumer may have.

Hopefully, your questions about what relocation is have been answered. If you or anyone you know is currently living in a Nursing Facility and wants to live independently, let us know. Our services are available at no charge to the Consumer. For each Consumer to become a successful member of the community is our goal.

## **New Opportunities!**

Hi, this is Russell Harris. It is with mixed feeling that I have to inform you all that I will be leaving LIFE/RUN. I have been offered a job in Austin, with the Texas Association of Centers for Independent Living (TACIL), as the Housing Coordinator. It is a great new opportunity for me and I'm excited about the future.

I have really enjoyed my time at LIFE/RUN and enjoyed meeting and working with the staff and Consumers. You may see me in the office for a few weeks, as I will not be moving until sometime in January. I will miss you all and wish you a happy holiday season and wonderful new year.



## Holiday Assistance



With Christmas upon us, we'd like to share resources in the community to help you and your families have a happy holiday. Below, you will find some helpful information. The information will assist you in obtaining gifts and food for your children.

The Salvation Army 2007  
Christmas Assistance Program  
1111-16th Street 765-9434

Applications will be taken from 10:00 a.m. to 12:00 Noon and 1:00 p.m. to 3:00 p.m. on the following days:

December 6<sup>th</sup>, 7<sup>th</sup>, 11<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup>.

### To Apply for Assistance

Be sure to bring ALL of the following documentation:

1. Drivers License or other picture I.D.
2. Birth Certificates for children 12 and under.
3. Income verification for all adults in the family (including child support).
4. Social Security Cards for all adults and children.
5. Verification of food stamps (DADS printout).
6. Rent or house payment receipt with correct address.
7. Verification of all expenses (Utility bills, medical bills, car payment, etc.).

Only one adult per household may register



### Trinity Heartline Ministries Christmas Assistance 2007

You may sign up for gift boxes At Trinity Outreach Center, 3027 34<sup>th</sup> Street. Please call 788-0501 for further information.

12/04: Tuesday from 9:00—11:00

12/05: Wednesday from 9:30-12:00

### Trinity Church Activity Center - 6701 University

12/02: Sunday, after morning service

12/15: Saturday, Gift boxes will be distributed

### Target

#### Special Christmas Shopping

Tuesday, December 4<sup>th</sup>, from 8:00 a.m. to 10:00 a.m.

Senior Citizens and people with disabilities may shop at Target, Tuesday, December 4<sup>th</sup>, from 8:00a.m. to 10:00a.m. You will receive 10% off your purchase. There will be free gift wrapping, refreshments, pictures with Santa Claus, entertainment and available assistance.



### Black History Month



Every year, LIFE/RUN honors Black History Month. A special activity will be held in February 2008. Great entertainment, presentations and food will be provided. Please check your February 2008 calendar for date, time and location for this event. If you have any questions or suggestions, please contact Sheryl Young at 795-5433, Monday through Friday, 8:00 a.m. to 3:00 p.m.

## Computer Lab Changes!



Some of you know that as a result of the renovations this past summer, the old activity room was turned into our computer lab. LIFE/RUN obtained five new computers for the lab, complete with the following programs: Microsoft Office 2007 featuring Excel, Word, Publisher, Power Point, Typing Tutors (teaches you how to type), and math programs that teach elementary math to calculus.

We are researching having Internet access for educational and employment purposes added to the lab. That would allow Consumers access to GED studies and Texas Worksource Center Job Search.

In January, we will have a new schedule of lessons to help you progress with your computer skills. Come on, join the 21<sup>st</sup> century!

### Donations

With Christmas and gift-giving coming this month, many of you will receive new computers and televisions. If you would like to donate your good working televisions and/or computers to LIFE/RUN, we would be happy to find recipients who would value your donation. To learn more about LIFE/RUN or to make a donation, call 795-5433 or go to [www.liferun.org](http://www.liferun.org).

### Dignity U Wear

The DUW program was founded by philanthropist and Holocaust survivor, Henri Landwirth, in April 2000. His intention was to assist people who are

low-income or who have disabilities to build self-esteem and to be more employable, by having decent clothing to wear to school or to a job. He wanted Dignity U Wear to create real change you can see in the lives of children and adults in need. That is why only brand new clothes are distributed, at no cost to the recipient.

Stein Mart is one of several merchants who proudly support the DUW program that allows LIFE/RUN to maintain a clothing closet of brand new items for people with disabilities. If you are in need of clothing, contact the Center and get more information on how to access this program.

**Your donation to the LIFE/RUN Center for Independent Living is tax deductible. It will be used to further enhance the quality of services offered to Consumers, and to promote equality, dignity, independence and the full inclusion of people with disabilities into every aspect of their communities. To give, please clip this and mail it with your donation to:**

**LIFE/RUN Center for Independent Living**

**4902 34th Street, Suite #5,**

**Lubbock, TX 79410**

**I would like to donate:**

**\$5\_\_\_ \$10\_\_\_ \$25\_\_\_ \$50\_\_\_**

**\$100\_\_\_ \$1,000\_\_\_**

**Or go to [www.liferun.org](http://www.liferun.org).**



## Why Join a Peer Support Group?

LIFE/RUN sponsors a cross-disability peer support group once a month to discuss topics relevant to our Consumers and staff. There are many benefits to joining a support group:

1. *You receive support.*

Support groups provide access to people who truly understand you. With them, you can share experiences and solutions to the day-to-day issues of living with a disability.

2. *You are educated.*

A group's connection to the disability you have may give you access to the latest information on research, treatments, and adaptive equipment.

3. *Valuable information is shared among support group members.*

From "favorite" doctors in the area to tips for going out to eat, support groups are a wealth of firsthand information.

4. *You can evolve from being a person who may feel victimized, to becoming an advocate.*

Support groups give you the chance to help incorporate your disability into your life by doing something positive on behalf of others, whether it's fundraising, promoting awareness, or counseling others.

5. *Support groups help family and loved ones.*

You are not the only one who "rides the rollercoaster" of the disability you may have. Spouses, parents, and children need support too.

Here is a list of a few support groups that may be of interest:

### Amputee Support Group

Contact: Bobby Stargel @ 790-3770

### Blind Support Group

South Plains Council for the Blind  
Contact: Cindy Finley @ 795-0216

### Brain Injury Support Groups

Contact: Malva Teague-Smith, M.Ed.,  
LPC, CRC @ 792-4713

### LIFE/RUN's Heads-Up Group

Contact: Darlene Leadingham @ 795-5433

### Deaf Support Group

Lubbock Community for the Deaf @ 795-2345

### Dwarfism Support Group

LPA (Little People of America) West  
Texas Chapter 44 Toll free: (888) LPA-2001

### General Disabilities Group

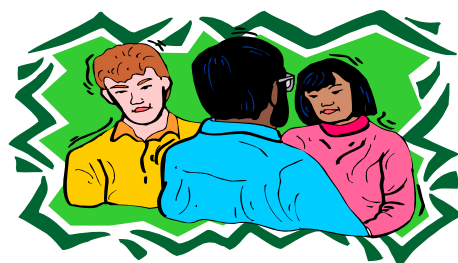
Getting Out Group Contact: Jennifer  
Bloomer @ 795-5433

### Mental Health Support Group

NAMI (National Alliance for the Mentally  
Ill) @ 783-9268

### Spinal Cord Injury Support Group

@ 725-5627



## Youth Corner

### ARD Meetings

It is that time of year again for schools to ask parents of a child with a disability to come into the office for Admission, Referral, and Dismissal (ARD) meetings. ARD meetings consist of a diagnostician, a special education teacher, a regular education teacher, an administrator, and most importantly the parent and student. Parents and the school district can invite individuals from public agencies, such as DARS, MHMR, or private agencies, such as LIFE/RUN. If you want a representative from LIFE/RUN to go with you to the ARD meetings, please call John Hobgood, LMSW, for assistance. Our ARD assistance is open to all age groups. Be sure your child's voice is heard!

**In the event of inclement weather,  
please call the Center before  
attending activities. Activities may  
be postponed or canceled for Consumer  
safety.**



LIFE/RUN's Office will close at noon Friday, December 21<sup>st</sup>, 2007 and will re-open on January 2<sup>nd</sup>, 2008. We wish you a safe and happy season. See you next year!



## Private Counseling Available

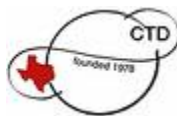
Diane Soucy is a Licensed Professional Counselor who has over 25 years experience in counseling and working with people with disabilities. Diane has worked with LIFE/RUN to assist our Consumers and has been a valuable asset to our Center and community. Diane accepts both Medicaid and Medicare for counseling services. If you need more information, please call the number listed below.

Diane D. Soucy, MA, LPC  
National Certified Counselor  
Certified Rehabilitation Counselor  
4321 Brownfield Highway  
Lubbock, Texas 79407  
806-786-9508

### **Toll-free Hotline for Voters with Disabilities**

**Do you have problems with accessing polling places or casting ballots? Call Advocacy Inc. at 1-888-796-VOTE (1-888-796-8683).**

**People with disabilities can also ask general questions about the voting process. Be sure to protect the voting rights of all Texans by reporting any difficulties.**



### **Coalition of Texans with Disabilities**

For those of you with Internet access, please check out CTD's "Raise your Voice" page at:

<http://capwiz.com/cotwd/state/main/?state=TX>

This link will help you understand what important issues are being addressed that will affect you and your family.

## Good News for Texans with Disabilities

### Reduction of Waiting Lists.

The 80<sup>th</sup> Texas Legislative Session brought some good news for Texans with disabilities waiting for needed services from state agencies. The Department of Aging and Disability Services (DADS) has been funded to reduce the following waiting lists:



\$71.4 million in General Revenue (GR) was allocated to DADS to reduce waiting lists for community-based long-term care services, operated by DADS (\$18.1 million in fiscal year 2008 and \$53.3 million in FY 2009).

- Community-Based Alternatives (CBA): 1,607 new waiver slots;
- Home and Community-Based Services (HCS): 2,676 new waiver slots;
- Community Living Assistance and Support Services (CLASS): 586 new waiver slots
- Deaf-Blind Multiple Disabilities: 16 new waiver slots;
- Medically Dependent Children Program: 415 new waiver slots;
- Non-Medicaid Community Services: 2,228 additional openings, and
- In-Home and Family Support: 1,374 additional openings.

### Promoting Independence

Over \$6.5 million in GR was allocated to DADS to fund 240 HCS waiver slots, available to individuals moving out of large Intermediate Care Facilities for Persons with Mental Retardation

(ICFs/MR) and 120 waiver slots, available to children aging out of foster care. Additional funding for up to 50 children residing in community ICFs/MR was allocated to provide Community Care Services to those children in order to transition to community living.

### Department of Assistive and Rehabilitative Services (DARS):

- Waiting List Reduction

Funding was allocated to remove 183 individuals from the Comprehensive Rehabilitative Services (CRS) waiting list and 173 individuals from the Independent Living Services (ILS) waiting list. CRS helps persons with spinal cord and brain injuries receive intensive therapies to increase independence. ILS promotes self-sufficiency by providing people with disabilities with improved mobility, communication, personal adjustment and self-direction.

- Vocational Rehabilitation Increase

\$5.5 million in GR was allocated to allow DARS to receive all available federal vocational rehabilitation (VR) dollars. This funding will result in serving about 10,000 people with disabilities in need of vocational rehabilitation.

- Independent Living Services

\$1 million in GR was appropriated to establish two new Independent Living Centers (ILCs). ILCs are operated by and for people with disabilities throughout the state to provide assistance through peer counseling, information and referral, advocacy support and other measures that encourage people to make their own decisions.



## Youth Transition

Life Connections Group is open to youth between the ages of 13 to 22 who are transitioning from High School to adult roles. This group meets the third Saturday of each month. During our activities, the group tries to incorporate learning and having fun. The next meeting is December 15<sup>th</sup>, from 2:00 p.m. to 4:00 p.m. We will learn how to make gifts and bake holiday treats.

## New Autism Regulations

In 2004, the Federal Government revised the Individuals with Disabilities Education Improvement Act (IDEA). The State of Texas recently revised their regulations to comply with the new federal rules.

The regulations for Individual Education Plans (IEP) for students on the Autism Spectrum were changed dramatically. These items have to be covered in the ARD meetings.

(1) Extended educational programming (for example: extended day and/or extended school year services.)

(2) Daily schedules reflecting minimal unstructured time and active engagement in learning activities.

(3) In-home and community-based training or viable alternatives that assist the student with acquisition of social/behavioral skills.

(4) Positive behavior support strategies based on relevant information.

(5) Beginning at any age, future planning for integrated living, work, community, and educational environments that considers skills necessary to function in current and post-secondary environments.

(6) Parent/family training and support, provided by qualified personnel with experience in Autism Spectrum Disorders (ASD).

(7) Suitable staff-to-student ratio, appropriate to identified activities and as needed to achieve social/behavioral progress based on the child's developmental and learning level.

(8) Utilizing communication interventions, including language forms and functions that enhance effective communication across settings.

(9) Social skills supports and strategies that are based on social skills assessment/curriculum and provided across settings.

(10) Professional educator/staff support (for example: training provided to personnel who work with the student to assure the correct implementation of techniques and strategies described in the IEP).

(11) Teaching strategies based on peer reviewed, research-based practices for students with ASD.

If you have any questions about these new provisions, please call LIFE/RUN for assistance.

**As a community service, the LIFE/RUN Center for Independent Living provides ADA accessibility surveys to community businesses and organizations at no charge, when requested.**



**All LIFE/RUN programs are free and open to anyone with a disability. If you need help to participate (interpreters, etc.), please let us know 24 hours in advance, so that we can provide these services. Also, let us know if you need help with transportation.**

### **Cookie Baking Day**



Our Annual Cookie Baking Day is scheduled for the 13th day of December. This is an opportunity for Consumers to come in, learn how to bake cookies for gifts or for their holidays. The basics of flour, sugar, brown sugar, shortening and chocolate chips will be provided. If you want to add jellies, nuts, raisins or other flavored chips, please bring them with you. This is a chance to make little gifts that are not that costly. Be sure to bring a container to take home your cookies! Some of the cookies will also be served at the Consumer Christmas Party. So, come on and let's bake cookies, cookies and more cookies!

### **Activities for the Holiday**

It's that time of the year again and as usual, we are set in motion at LIFE/RUN to get the ball rolling for the holidays. We started the holiday season with a Halloween party and Thanksgiving Dinner for Consumers. On November 28<sup>th</sup>, there was a reunion activity planned for Consumers who were part of the Heads-Up Group.

A Consumer Holiday gathering will be held on December 17<sup>th</sup>, from 1:00 p.m. to 3:00 p.m. As usual, there will be a gift exchange for those who wish to participate. If you bring a gift, you can receive a gift. Cost of gifts should be

under \$5 and gifts should be wrapped before the party.

Cake and cookies will be served. Feel free to bring finger food or a dessert, if you'd like. Let's make this a happy venture for everyone and have a festive holiday season.

### **Heads-Up Reunion**

Hello, my name is Darlene Leadingham, and I have volunteered as the new LIFE/RUN Heads-Up Coordinator. The Heads-Up Group allows our Consumers, who have sustained severe head traumas, to be involved in the community.

As Center staff has changed, we have encouraged Heads-Up to be more autonomous, but we notice that the group has diminished in size and activity. LIFE/RUN is dedicated to changing that. My purpose is to help revitalize and re-organize the once cohesive Heads-Up Group. The group has been a strong support system for people with head injuries and plays an important role within our Center.

Once a month, we will plan to have a day to go shopping, a day to do something creative and one day in the community. Weather permitting, we will plan some outdoor activities. When the weather keeps us indoors, we will plan to go to museums, art galleries, the Science Spectrum and plays. Outdoor activities can include outings, such as picnics and miniature golf. Heads-Up has chosen to open up their group to any person with a disability. We want to invite everyone who might be interested, to join in our endeavor to make this Heads-Up Group as vital as it once was.

**In order to make it easier for Consumers to attend activities at the Center, LIFE/RUN will provide a one-way bus pass to a Center-sponsored activity.**

## What's Going On at LIFE/RUN!?

On October 19<sup>th</sup>, LIFE/RUN held an Open House to celebrate the end of the Center's expansions. With new programs and expanded activities, the Center was getting a little worn and more than a little cramped. The whole Center was repainted and we were able to obtain new offices and a new activity room. The former activity/kitchen area was just not suitable for the big activities like Thanksgiving, Cinco De Mayo, and our Soul Food Luncheon. Cooking classes will still be held in the kitchen, but the activity area has been made into the computer lab.

We were able to purchase new computers and we are ready to start with new classes to help you gain valuable computer skills. Classes are held every Thursday morning from 10:00 to 11:00. The lab is available for use by Consumers who are able to use the computer without assistance. Of course, private instruction is also provided by LIFE/RUN staff member, Sheryl Young, when you make an appointment.

The new, larger activity room is part of our expanded offices. The new activity room is substantially larger than the old one with ample room for everyone to safely and easily attend activities. Renovations were largely donated by LeeRoy and Mary Buckner, who transformed the new activity room from top to bottom. LeeRoy widened doors, created new doors, laid carpet and painted, with great attention to detail. The Center also thanks Nathan Cowart, a popular former staff person, for the wonderful job he did on painting the mural the activity room. Nathan volunteered his

time and talent to the Center and we love the results. Thanks Nathan!

In addition, LIFE/RUN has acquired another suite of offices that includes four new staff offices, two volunteer spaces, and an employee break room. Off of the kitchen area, we now have a communication room for the use by our Consumers who are Deaf and/or Hard of Hearing. The Video Relay System (VRS) allows them to communicate throughout the state using the video phone system.

Because, October was National Disability Employment Awareness Month, we took the opportunity to introduce Consumers to a panel of successful people, with disabilities, who are employed.

The panel members shared their stories of obstacles and achieved goals. Aaron Mann, LIFE/RUN Relocation Specialist, spoke about his experiences of being employed with his disability. Cindy Findley also spoke about her experiences in obtaining and retaining employment as a person with a visual disability.

Shirley Hahn, from DARS, presented information about programs that DARS offers to assist with finding employment, obtaining assistive devices that may be needed to enhance employment, and job coaching, once employment has been found. Stacey Sparks, with Imagine Enterprises, gave information regarding Social Security work incentives that are designed to encourage employment. If you were unable to attend the forum and would like to know more about being employed, as a person with a disability, please contact us here at LIFE/RUN.

(Activity Room Mural)



# **LIFE/RUN** Center for Independent Living Lifetime Independence for Everyone, Inc.

4902 34th Street, Suite #5  
Lubbock, TX 79410

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## **LIFE/RUN Center for Independent Living Staff**

Michelle Crain	Executive Director
Nancy Penland	Director of Programs
Irean Harvey	Office Manager/Volunteer Coordinator
Darlene Leadingham	Administrative Assistant
Monica Pratt	Special Projects Coordinator
Aaron Mann	Relocation Specialist (Lubbock)
Annabell Mendoza	Relocation Specialist (Midland/Odessa)
Kim Sorrells	Relocation Specialist (Amarillo)
Alice Gonzales	Relocation Specialist (Wichita Falls)
Terri Baize	Relocation Specialist (Abilene)
Kimberlee Scott	Community Integration Specialist
John Hobgood	Advocacy Specialist
Rosa Trevino	Advocacy Specialist
Russell Harris	Community Outreach Specialist
Sheryl Young	Computer Trainer/Advocacy Specialist
Ruby Icenhauer	Coordinator of Deaf & H H Services/Certified Interpreter

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***Opinions expressed in this newsletter do not necessarily represent those of LIFE/RUN's funding sources.***

## **LIFE/RUN Board of Directors**

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Rose Wilson	Secretary
Jonna Ward	Director
Claudia Cortez	Director