

LIFE/RUN Center
Activity Calendar
 4902 34th St., Suite 5
 Lubbock, Texas 79410
 Phone: 806-795-5433
 Fax: 806-95-5607

Hours of Operation
Monday through Thursday
 7:30 a.m. to 6:00 p.m.

MARCH 2010

Web: www.liferun.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
March is: Cataract Awareness Month & Deaf History Month	1 TOPS Meeting 5:00		3 Exercise Class Tai Chi 10:30-11:30 ASL Class 1:30-2:30 Computer Class 2:30-3:30 MD Support -2:00	4	5	6
7	8 TOPS Meeting 5:00	9 Crafts 10:00-12:00 Peer Support Spring Into Action 1:30-2:30	10 Exercise Class Wii Exercise 10:30-11:30 ASL Class 1:30-2:30 Computer Class 2:30-3:30	11 Cooking Class Stuffed Peppers 10:30-12:00	12	13
14 Daylight Savings Time Begins, Move Clocks For- ward	15 TOPS Meeting 5:00	16 Stacey Levrits Imagine Enterprises 10:30-2:00	17 Exercise Class Sit 'n' Fit 10:30-11:30 ASL Class 1:30-2:30 Computer Class 2:30-3:30	18 Movie & Popcorn 2:00-4:00	19	20 First Day of Spring
21	22 TOPS Meeting 5:00	23 Consumer Advisory Meeting 10:30-12:00 Wii Boxing Tournament! 1:30-3:30	24 Exercise Class Wii 10:30-11:30 ASL Class 1:30-2:30 Computer Class 2:30-3:30	25	26	27
28 Bus Passes will be provided for clas- ses you attend at the Center	22 TOPS Meeting 5:00	23 Cooking Class Cooking for One 10:00 -12:00 Crafts—Gardening 1:30-3:00	31 Exercise Class Elastic 10:30-11:30 ASL Class 1:30-2:30 Computer Class 2:30-3:30			